91.3% of first-year UCSD Transfer students feel their courses inspired them to think in new ways. But with so many new experiences, it can also be difficult for students to adjust. Understanding the first-year mindset and the impact of first-year programs is key to creating positive change.

The first year of college is all about exploration...

- 83.8% Said their college experience exposed them to diverse opinions, cultures, and values.
- 34.7% Changed their career choice.
- 21.3% Changed their major since entering college.

...but all that change can be tough

- 47.9% Had difficulty adjusting to the academic demands of college.
- 33.2% Frequently felt isolated from campus life.
- 59.2% Struggled with effective time management.
- 43.2% Had a hard time developing effective study skills.
- 50.4% Frequently felt overwhelmed by all they had to do.

Students look to faculty and peers to help them along the way.

- 34.6% Communique regularly with faculty.
- 41.7% Received program advice from faculty.
- 75.3% Felt empowered by faculty to learn.
- 27.8% Frequently studied with other students.
- 32.4% Received tutoring.

Knowing that college is an important step for their career...

- 65.0% Of students strongly agree that they should be thinking about their post-college career.
- 59.7% Of students have a clear idea how to achieve their career goals.
- 57.5% Of first-year students are satisfied with the relevance of their coursework to their future career plans.

Survey Source: CIRP Your First College Year Survey 2015 studentresearch.ucsd.edu