

# YFCY 2013: THE FIRST YEAR IS A BIG DEAL



University of California  
San Diego

About 6% of first-year UCSD students leave college before their sophomore year. Knowing the experiences of your students and the impact of first-year programs is key to creating positive change.

Sources: 2013 Your First College Year Survey & 2012 CIRP Freshman Survey

## UNDERSTANDING EXPECTATIONS IS IMPORTANT.



59.5% of students thought they might switch majors

34.2% actually did



95.7% of students thought they would probably socialize with someone from another racial/ethnic group

93.0% actually did

27.7% of students felt the admissions or recruitment materials didn't accurately portray campus

Only 40.9% were satisfied with the relevance of coursework to everyday life

24.8% of students sought personal counseling

COLLEGE CAN BE DEMANDING. ACADEMICS ARE ONE SOURCE OF STUDENT STRESS.

50.7% of students had difficulty adjusting to the academic demands of college

48.7% of students had a hard time developing effective study skills

61.6% of students struggled with effective time management

44.2% of students witnessed academic dishonesty or cheating

## ANOTHER IMPORTANT ASPECT FOR STUDENTS IS ADJUSTING.

70.2% felt a sense of belonging on campus

48.9% had difficulty getting along with their roommate

70.0% felt lonely or homesick

46.2% frequently felt overwhelmed by all they had to do

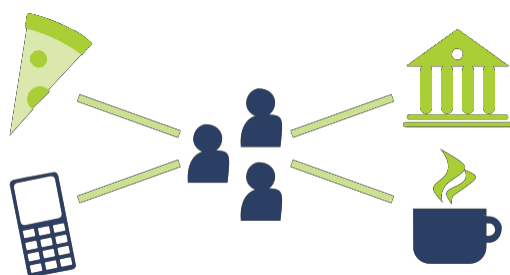
55.0% of students worried about their health

22.5% of students frequently felt isolated from campus life

## BEING INVOLVED IN COURSEWORK IS KEY.

## BUT...

40.1% frequently discussed course content with other students outside of class



37.5% frequently felt bored in class



47.4% had fallen asleep in class



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