

Time spent in a typical week (7 days) on the following activities

	0 hours		1-5 hours		6-10 hours		11-15 hours		16-20 hours		21-25 hours		26-30 hours		More than 30 hours		Total	
	#	%	#	%	#	%	#	%	#	%	#	%	#	%	#	%	#	%
Attend classes, discussion sections, or labs	36	0.5%	616	8.3%	1480	19.9%	2472	33.2%	1803	24.2%	616	8.3%	216	2.9%	208	2.8%	7447	100%
Study and other academic activities outside of class	73	1.0%	1246	16.8%	2130	28.7%	1679	22.6%	1157	15.6%	556	7.5%	273	3.7%	319	4.3%	7433	100%
Attending movies, concerts, sports or other entertainment events	1388	18.7%	4313	58.2%	1023	13.8%	376	5.1%	183	2.5%	63	0.9%	30	0.4%	34	0.5%	7410	100%
Performing community service or volunteer activities	3300	44.5%	2769	37.3%	747	10.1%	289	3.9%	177	2.4%	63	0.8%	34	0.5%	36	0.5%	7415	100%
Participating in physical exercise, recreational sports, or physically active hobbies	974	13.1%	3695	49.7%	1654	22.2%	584	7.9%	296	4.0%	117	1.6%	44	0.6%	70	0.9%	7434	100%
Participating in spiritual or religious activities	5031	67.6%	1620	21.8%	390	5.2%	191	2.6%	108	1.5%	42	0.6%	21	0.3%	43	0.6%	7446	100%
Participating in student clubs or organizations	2675	36.0%	2796	37.6%	1065	14.3%	455	6.1%	215	2.9%	106	1.4%	46	0.6%	77	1.0%	7435	100%
Socializing with friends	237	3.2%	2752	37.0%	2344	31.5%	1082	14.5%	511	6.9%	182	2.4%	92	1.2%	240	3.2%	7440	100%
Partying	3570	48.0%	2812	37.8%	586	7.9%	238	3.2%	114	1.5%	54	0.7%	26	0.3%	31	0.4%	7431	100%
Spending time with family	3486	47.0%	2465	33.3%	665	9.0%	307	4.1%	203	2.7%	98	1.3%	41	0.6%	145	2.0%	7410	100%
Using computer/tablet/smart phone for non-academic purposes and entertainment	164	2.2%	1951	26.2%	2043	27.5%	1306	17.6%	827	11.1%	394	5.3%	171	2.3%	580	7.8%	7436	100%
Watching TV, streaming movies/TV on computer or tablet	1023	13.8%	2972	40.1%	1754	23.6%	831	11.2%	408	5.5%	184	2.5%	82	1.1%	166	2.2%	7420	100%
Commuting to school and/or to work	2516	33.8%	3043	40.9%	1165	15.7%	398	5.4%	143	1.9%	79	1.1%	31	0.4%	58	0.8%	7433	100%

Average number of hours slept per night on weeknights

	4 or less		5 hours		6 hours		7 hours		8 hours		9 or more hours		Total	
	#	%	#	%	#	%	#	%	#	%	#	%	#	%
During this academic year, what was the average number of hours per night you slept on weeknights?	255	3.4%	1034	14.0%	2383	32.2%	2359	31.9%	1149	15.5%	220	3.0%	7400	100%