Interpersonal Relationships Seminar 2012-13

Name of Assessment Project: Interpersonal Relationships Seminar 2012-13

Name(s) of Person(s) Responsible for Assessment Project:

<table>
<thead>
<tr>
<th>Role</th>
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<tbody>
<tr>
<td>Assistant Director (Brett Robertson)</td>
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</tbody>
</table>

Email Address: bkrobertson@ucsd.edu

Phone Number: 858-822-2090

Other Contacts:

Providing Department:

Center for Student Involvement-Communication & Leadership

Program, Service, or Event Related to Assessment Project

The Interpersonal Relationships Seminar is a quarterly seminar offered by CSI-Communication and Leadership. 1-2 sections are offered each quarter and seminars meet bi-weekly for 9-10 sessions. Open to all registered students, graduate or undergraduate.

Assessment Project Description

Using pre and post surveys, participant learning and satisfaction are measured. The results of the project are used to improve the program, and demonstrate the value of the seminar.

Unit/Program Specific Goals and Learning Outcomes

As a result of participating in the Interpersonal Relationships Seminar, students...

- Gain the ability to initiate, maintain, and conclude social interactions comfortably and with confidence
- Gain a better sense of self and self-esteem by participating in various seminar activities
- Gain the ability to collaborate and work in groups through a series of team builders and group challenges
- Learn to organize and articulate thoughts and ideas in a clear and cohesive manner
- Gain the confidence in expressing ideas and opinions to others
- Gain the ability to recognize and address group dynamics as they emerge through group activities
- Demonstrate the ability to work with others to strengthen communication within groups and organizations

Relationship to Student Affairs

Communicate Effectively
Learning Outcomes:

Assessment Project Start: 7/1/2012
Assessment Project End: 6/30/2013

Population/Sample

Total numbers of participants (Breakdown by quarter)

<table>
<thead>
<tr>
<th>Quarter &amp; Year</th>
<th>Participants</th>
<th>Pre-Test</th>
<th>Post-Test</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall 2012</td>
<td>28</td>
<td>20</td>
<td>10</td>
</tr>
<tr>
<td>Winter 2013</td>
<td>32</td>
<td>19</td>
<td>7</td>
</tr>
<tr>
<td>Spring 2013</td>
<td>52</td>
<td>43</td>
<td>16</td>
</tr>
<tr>
<td>Total</td>
<td>112</td>
<td>82</td>
<td>33</td>
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</table>

Type of Assessment: Student learning outcomes and/or behavioral outcomes, Benchmarking

Other Assessment Type(s):

Assessment Methods: Surveys

Other Assessment Method(s):

Data Collection Tools

Pre/Post surveys administered via Campus Labs

Data Analysis Methods

All pretests for the year are compiled and compared with all compiled posttests. Impact and significance of learning are assessed.

Presentation of Findings

Findings are made available to all stakeholders including CSI personnel and Student Services Fee Advisory Committee.

Progress: ✔ 100%

Link Assessment Project in Campus Labs Baseline

<table>
<thead>
<tr>
<th>Source Name</th>
<th>Project Name</th>
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</thead>
<tbody>
<tr>
<td>All project data</td>
<td>Interpersonal Relationships- Posttest Winter 2013</td>
</tr>
<tr>
<td>All project data</td>
<td>Interpersonal Relationships- Post-test Fall 2012</td>
</tr>
<tr>
<td>All project data</td>
<td>Interpersonal Relationships- Posttest Spring 2013</td>
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Summary of Findings

UCUES 2012 comparison – 35% of UCSD students are satisfied with the social experience. However, 78% of Communication and Leadership participants (all seminars) reported being satisfied with their overall social experience when asked the identical question.

- Interpersonal relationships – 45% of students before the seminar would rate themselves an A or B in "ability to meet new people," increased to 80% after taking the seminar.
- Interpersonal relationships - 51% of students before the seminar would moderately to strongly agree to the statement "I converse easily with new acquaintances," increased to 75% after taking the seminar.
- Interpersonal relationships - 42% of students before the seminar would moderately to strongly agree to the statement "I have no fear of speaking up in face-to-face conversations," increased to 75% after taking the seminar.
- Interpersonal relationships - 52% of students before the seminar would moderately to strongly agree to the statement "I share my ideas with others," increased to 75% after taking the seminar.

Impact of Assessment

The survey data shows that students have an increased sense of self-confidence and ability to interact with others in social settings.

Lessons Learned

The interpersonal relationships seminar is particularly valuable to international students, who appreciate the opportunity to interact directly with domestic students and practice their English and social interaction skills. We will start teaching a section of Interpersonal Relationships at the International Center in the 2013-14 academic year to serve this population even better.

Supplemental Information

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